

Weekly Meal Plan

MONDAY

Taco Pasta Salad

TUESDAY

Stuffed Burgers

WEDNESDAY

Hawaiian Chicken

THURSDAY

Buffalo Chicken Sliders

FRIDAY

Oven Baked Chicken Wings

BONUS RECIPES

Orange Creamsicle Salad

Lemon Cheesecake Mousse

Strawberry Coconut Tarts



SIMPLY stacie

Shopping List

Meat & Seafood

- 3 lbs lean ground beef
- 1 package bacon
- 6 boneless, skinless chicken breasts
- 3 lbs chicken wings

Produce

- 1 bunch green onions
- 1 pint cherry tomatoes
- 1 red pepper
- 1 bunch cilantro
- 1 medium yellow onion
- 1 package white button mushrooms
- 1 head iceberg lettuce
- 1 to 2 tomatoes
- 1 head garlic

Pantry

- 1 package rotini pasta
- 1 jar salsa
- 1 bottle extra virgin olive oil
- 1 bottle ketchup
- 1 bottle mustard
- 1 jar relish
- 1 can crushed pineapple (14oz)
- 1 bottle soy sauce
- 1 bottle buffalo wing sauce
- 1 bottle vegetable oil
- 1 bottle barbecue sauce
- 1 bottle honey
- 1 box white rice

Dairy & Refrigerated

- 1 brick cheddar cheese
- 1 bottle ranch dressing

Bakery

- 1 package hamburger buns
- 1 package slider buns

Spices & Baking

- Cornstarch
- Brown sugar
- Salt
- Black pepper
- Garlic powder
- Cumin
- Chili powder
- Oregano
- BBQ seasoning