

Weekly Meal Plan

MONDAY

Chicken Caesar Pasta Salad

TUESDAY

Taco Casserole

WEDNESDAY

Slow Cooker Cream Cheese Chicken

THURSDAY

Texas Beef Skillet

FRIDAY

Impossible Cheeseburger Pie

BONUS RECIPES

Spinach and Cheese Egg Muffins

Italian Pasta Salad

Brownie Bottom Cheesecake & Copycat Orange Julius



SIMPLY stacie

Shopping List

Meat & Seafood

- 3 lbs lean ground beef
- 7 boneless, skinless chicken breasts

Produce

- 1 head romaine lettuce
- 1 bunch green onions
- 1 medium tomato
- 1 medium yellow onion
- 1 sweet onion
- 1 green bell pepper
- 1 head fresh garlic
- 1 bunch fresh chives

Dairy & Refrigerated

- 1 brick cheddar cheese
- 1 container Parmesan cheese
- 1 container sour cream (16oz)
- 1 bottle creamy Caesar dressing
- 1 package cream cheese (8oz)
- Milk
- Eggs

Canned Goods & Pantry Staples

- 1 package bowtie pasta
- 1 bag garlic croutons
- Real bacon bits or cooked crumbled bacon
- 1 can prepared chili
- 1 jar salsa
- 1 bag tortilla chips
- 2 cans cream of mushroom soup
- 1 can diced tomatoes
- 1 can kidney beans
- 1 box Minute Rice
- Bisquick Original Baking Mix

Spices & Baking

- 1 packet onion soup mix
- Garlic powder
- Onion powder
- Chili powder
- Salt
- Black pepper
- Italian seasoning
- Garlic salt
- Celery seed